

# Mastery Clinic for **Tuba** (Attached Music)

## Chapter 4 [Let's practice together] 一緒にできる練習コーナー

### A. [Warm-up] Relax the lips ウォームアップ (唇をほぐす)

♩ = 80

Three staves of musical notation for warm-up exercise A. Each staff contains a sequence of notes in a descending scale, starting from a high note and moving down to a low note, with some chromatic alterations. The first staff starts on G2, the second on F2, and the third on E2. The notes are quarter notes, and the tempo is marked as quarter note = 80.

### B. [Long tones] ロングトーン

♩ = 80

①

②

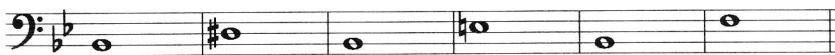
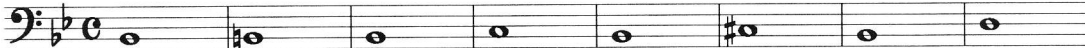
③

Three sets of musical notation for long tones exercise B. Each set is numbered 1, 2, and 3. Each set includes a tempo marking of quarter note = 80. The notation shows a sequence of notes on a staff, representing long tones. The notes are: ① G2, F2, E2, D2, C2, B1, A1, G1; ② G2, F2, E2, D2, C2, B1, A1, G1, F1, E1, D1, C1, B0; ③ G2, F#2, E2, D2, C2, B1, A1, G1, F1, E1, D1, C1, B0.


**B. [Long tones]** ロングトーン

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④  $\text{♩} = 80$



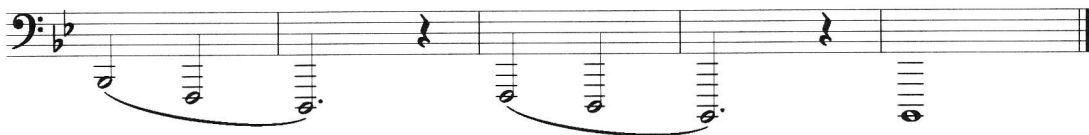
⑤  $\text{♩} = 80$



**C. [Lip slurs]** リップスラー

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①  $\text{♩} = 100$



②  $\text{♩} = 100$



**C. [Lip slurs]** リップスラー

③  $\text{♩} = 100$

The first staff shows a sequence of eighth notes starting on G2, ascending to C3, then descending to G2, with a slur over the entire sequence followed by a dotted quarter note on G2. The second staff follows the same pattern but includes a flat on the second note (F2). The third staff follows the same pattern but includes flats on the second and third notes (F2 and E2).

**D. [Tonguing]** タンギング

①  $\text{♩} = 80$

The first staff shows eighth notes starting on G2, ascending to C3, then descending to G2, with a slur over them. This is followed by a triplet of eighth notes starting on G2 and ending on G2, and finally a quarter note on G2. The second through sixth staves follow the same pattern but include flats on the notes of the triplet: the second staff has a flat on the second note (F2), the third on the second and third (F2, E2), the fourth on the second, third, and fourth (F2, E2, D2), the fifth on the second and third (F2, E2), and the sixth on the second (F2).

D. [Tonguing] タンギング

②  $\text{♩} = 80$

Alternate fingering chart 替え指表

よく使う替え指 (B<sup>b</sup> Tuba)

1-2	1-3	1-2	1-2	1-2	0
3	4	3	3	3	1-2
					3

※まだまだ替え指はたくさんありますが、楽器の種類や管の抜き方によっても替え指の相性が変わりますので、チューナーを使って研究してください。

※More substitute fingerings are possible depending upon tuba type and design. Please use your tuner to study various options and their intonation.